

Warm Up America!

Materials: approximately 60 yards of medium-weight/worsted-weight acrylic yarn

Needle: US 7 (4.5 mm) or size necessary to obtain gauge

Gauge: 5 stitches = 1" **Note:** Gauge may vary with other pattern stitches

Square size: 7" by 9" 49 squares are needed to make an entire blanket

Tip: Cut a 7" x 9" cardboard template to use as a guide.

You are not limited by the basic patterns below. Use any stitch pattern you like, as long as the finished square measures 7" x 9".

BASIC KNIT PATTERNS

GARTER STITCH

Cast on 35 stitches.

Knit every row until piece measures 9".

Bind off.

STOCKINETTE STITCH

Cast on 35 stitches.

Row 1: Knit all stitches.

Row 2: Purl all stitches.

Repeat these 2 rows until piece measures 9".

Bind off.

LINES

Cast on 35 stitches.

Row 1: Knit all stitches.

Row 2: Purl all stitches.

Row 3: Knit all stitches.

Row 4: Purl all stitches.

Row 5: Knit all stitches.

Row 6: Knit all stitches.

Repeat these 6 rows until the piece measures 9".

Bind off.

SEED STITCH

Cast on 35 stitches.

Row 1: Knit 1 stitch, purl the next stitch, knit the next. Continue alternating stitches across the row.

Repeat this row until piece measures 9".

Bind off.

DOUBLE SEED STITCH

Cast on 35 stitches.

Row 1: Knit 1 stitch, purl the next stitch, knit the next. Continue alternating stitches across the row.

Row 2: Purl 1, knit 1, purl 1, alternating stitches across the row.

Row 3: Work the same as Row 2.

Row 4: Work the same as Row 1.

Repeat these 4 rows until piece measures 9".

Bind off.

SQUARES

Cast on 35 stitches.

Row 1: Knit 5 stitches, purl 5, knit 5.

Alternate knitting 5 and purling 5 stitches across the row.

Row 2: Purl 5 stitches, knit 5, purl 5 and repeat pattern across the row.

Row 3: Repeat Row 1.

Row 4: Repeat Row 2.

Row 5: Repeat Row 1.

Row 6: Repeat Row 2.

Row 7: Repeat Row 2.

Row 8: Repeat Row 1.

Row 9: Repeat Row 2.

Row 10: Repeat Row 1.

Row 11: Repeat Row 2.

Row 12: Repeat Row 1.

Repeat these 12 rows until piece measures 9".

Bind off in pattern.

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Square Template
7" x 9"